

Orange County Partnerships to Improve Health (OCPICH)

9/25/2014

Community Action Partnership of Orange County

Federal Agency: Centers for Disease Control & Prevention

Summary: 3-year initiative to improve health and **reduce the burden of chronic diseases** in cities of Anaheim, Garden Grove, and Santa Ana. Supports the implementation of population-based strategies that expand the reach and health impact of the **policy, systems, and environmental (PSE) improvements**.

BACKGROUND

- Anaheim, Garden Grove, and Santa Ana largest population in OC, 831,676.
- OC residents suffer from higher rates of leading chronic disease indicators, including heart disease, obesity, diabetes, asthma, and cancer. **OC rate for obesity at 23.8%** (County of Orange, April 2014)
- **Diabetes is the 8th leading cause of death overall, at 7.4% 5th among Latinos, and 6th among Asians and Pacific Islanders in OC** (County of Orange, April 2014)
- **Central Santa Ana, approximately 30% of adults 18-40 are obese**, compared to 16% of adults in OC, 21% in California, and approximately 27% nationwide (CHIS, 2012)
- Among OC adults 18-40 in 2011-12, **Latinos were twice as likely as non-Latino Whites to be obese** (UCLA Center for Health Policy Research, 2009) (Centers for Disease Control & Prevention, 2009).
- **Childhood obesity is a leading indicator of progression to chronic disease and 46.5% of 5th, 7th, and 9th graders in Santa Ana, 43.5% in Anaheim, and 38% Garden Grove are obese and overweight**(California Center for Public Health Advocacy).
- **Free and reduced meals within the schools districts show food insecurity in these cities to be the highest in the county, ranging from 57.2% to 89.3%** (California Department of Education, 2012)
- OC residents face high socioeconomic barriers to good health. Educational attainment is low, with **26.2% in Anaheim that do not have a high school diploma, 27.3% in Garden Grove, and 47.1% in Santa Ana** compared with the national average of 28.3% (Census, ACS 2008-2012)
- 14.9% of people in the U.S. were at or **below the poverty line** from 2008-2012; **20.7% of Santa Ana, 15.5% Garden Grove, and 15.6% Anaheim** residents.

The Orange County Partnership to Improve Community (OCPICH) is a county-wide collaborative of county health department, cities, community-based organizations, other coalitions and universities whose mission is to champion policy strategies and leverage funding opportunities that result in enhanced health outcomes and reduced chronic diseases for OC's most underserved communities. Our defined jurisdiction is cities with the highest health disparities rates in the county that include the cities of Anaheim, Garden Grove, and Santa Ana.

Outcomes:

- Increase the number of people with increased access to environments with healthy food or beverages to 75% of residents in Anaheim, Garden Grove, Santa Ana.
- Increase the number of people with increased access to physical activity opportunities
- We propose to increase the number of infrastructure components supporting community health activities.

Our strategies:

- 1) **Expand farm-to-institution (specifically Farm2School) programs**
- 2) **Support and promote community and home gardens**
- 3) **Increase the amount of physical activity in P.E. programs in schools**
- 4) **Discourage consumption of sugar-sweetened beverages**
- 5) **Complete Streets and Active Transportation**

Project partners include:

Orange County Health Care Agency, Alliance for Healthier Orange County, City of Anaheim, City of Santa Ana, City of Garden Grove, Orange County Department of Education, Orange County Food Access Coalition, Special Service for Groups, Inc., University of California, Irvine, YMCA Anaheim.

